



**Alzheimer
Scotland**
Action on Dementia



Carers Evening Group (Digital)

Via MICROSOFT TEAMS

A new evening digital carers group for those who support someone with a dementia diagnosis (or awaiting a diagnosis). This session aims to offer peer support, information and advice.

Sessions will take place monthly on TEAMS and will be facilitated by a Dementia Advisor from Alzheimer Scotland.

Starts Monday 22nd April 2024
6.15pm – 7.15pm

A Microsoft TEAMS link will be emailed prior to the session

Open to those supporting someone with Dementia – Spouses/Partners/Family & Friends

For more information please contact:
Jeni Sinclair, Dementia Advisor
07917 241024 / Jenisinclair@alzscot.org

Our community groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with Their memory, and their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from the community groups safely.

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